



STOP PRESSURE ULCER DAY– THROUGH THE REGIONS



Thursday 19th Nov was Worldwide Stop Pressure Ulcer Day (SPUD), which aims to promote awareness of pressure ulcers, its causes and treatments. Many of our members held information days and education campaigns for healthcare professionals, patients and families.

BEAUMONT HOSPITAL INFORMATION DAY

To mark PU Day, the Tissue Viability Service and the Occupational Therapy Department of Beaumont Hospital hosted an awareness day which was open to patients, carers and healthcare workers (both Beaumont based and externally). Pressure ulcers, especially those that are healthcare acquired, are mostly preventable and can be eliminated. The Tissue Viability service in Beaumont is focused on creating awareness of pressure ulcer prevention using a multi-disciplinary team approach. Awareness has further increased with the use of the pressure ulcer to zero 'hands sign' to identify those patients at risk of pressure sores.

Pictured above are Beaumont staff Etaoin Donohoe, Tissue Viability CNM; Siobhan Delaney, Podiatrist; Claire O'Brien and Louise Crowe, Occupational Therapists.



MATER HOSPITAL PU AWARENESS WEEK

The Mater Hospital held a week of information and education events to mark PU Day, with each element of SSKIN (Skin Inspection, Support Surface, Keep moving, Incontinence and Nutrition) being promoted on our stand each day with involvement from members of the Pressure ulcer Collaborative team including OT's, Physios, Dieticians, Continence Nurse, Quality Manager and Tissue Viability.

They also held a Wound Care seminar on the 19th of November which was attended by ward staff and nurses from the Community. This was kindly sponsored by Arjo-Huntleigh whom are the global sponsors for Worldwide Stop Pressure Ulcer day.

The whole week was a great success with over 200 staff entering our quiz on pressure ulcer prevention. Many Patients, families and carers also came every day and received advice and assistance on each element of pressure ulcer prevention from our team of knowledgeable staff.





CORK PU DAY

Our Southern Branch committee members held an information day in Cork University Hospital in the staff canteen on Stop PU Day. The photo shows Aine Griffen, Staff Nurse Medical Short Stay Unit, Maeve O'Sullivan CNM 2 Wound Care & Pat McCluskey, ANP in Wound Care.



Pressure ulcers: Just the facts!

- × It costs the HSE approximately €119,000 to treat a grade 4 pressure sore.
- × Two out of every three cases of pressure ulcers develop in people who are 70 years old or more.
- × Around 1 in 20 people who are admitted to hospital with an acute (sudden) illness will develop a pressure ulcer.
- × Pressure ulcers are more common in nursing home residents with approximately 1 in 10 having a pressure ulcer at some stage.
- × An Irish study in 2012 found that 77% of pressure ulcers are Hospital-acquired.
- × America spends 11 BILLION dollars on pressure ulcers annually.



**RCSI Staff and Students
saying STOP to
Pressure Ulcers**

RCSI DEVELOPING HEALTHCARE LEADERS WHO MAKE A DIFFERENCE WORLDWIDE